

Conference Report 2018 (Beijing, China)



The 4th Annual Conference of Early Mobilization & Rehabilitation in the ICU was held in Beijing, China on 9th June, 2018. The conference was held as a joint conference with the annual conference on Chinese Respiratory Care Medicine. More than 400 persons attended. Multi profession presenters came from not only Asian countries but also Europe, Australia, and North America.



Chair of the 4th conference Guangxi Li



Vice-Chair Hongmei Zhao

The title of morning sessions was “The Future Directions of Early Mobilization and Rehabilitation in the ICU” The keynote speaker Prof. Dale Needham provided the presentation regarding the latest topic “PADIS Guideline 2018” . Immobilization and Sleep sections were added to PADIS guideline as newly parts. Prof. Dale

Needham joined as a chair of immobility section at SCCM. He presented regarding the evidence of early mobility from this guideline.



Key note presenter Prof. Dale Needham

In the afternoon session, international speakers presented variety topics regarding how to implement early mobilization, safety issues and the role of the multi-profession team at each venue. Many audiences listened with attention when mobilization movies of intubated patients and ECMO patients reproduced.



Respiratory Rehabilitation and Weaning in Critical Illness

Rik Gosselink (Belgium, Left)

Basic Component of a successful Early Mobilization ~The Role of the Nurse~

Peter Nydahl (Germany, Right)



Using Goal Setting for Mobilization Within a Multi-professional Team

Sue Berney (Australia, Left)

Encouraging ICU Rehabilitation using “Champion” System

Jayachandran Balachandran (Singapore, Right)

The importance of the Asia Pacific annual conference has been being on the rise. Many medical staffs took this opportunity as their step up experience in ICU rehabilitation practice. The next conference will be held at Kuching Sarawak, Malaysia during 23rd to 24th August, 2019.



The Board Committee of the Asia-Pacific Early Mobilization Conference